図4．赤ワイン飲用によるラグタイムの変化

図5．脱脂カカオを使ったガムのラグタイムの変化
Finland & Study, 12:23:13+10 AF 2023

Zuphen Elderly Study, 2023

Study, British Medical Journal, 2023

Seven countries were involved in the study, including Finland. The study aimed to explore the relationship between age and health outcomes in elderly populations. The results showed that older age was associated with a higher risk of certain health conditions. The study also highlighted the importance of preventive measures and healthcare interventions for elderly populations.

The findings have significant implications for public health policies and healthcare systems, particularly in countries with aging populations. Further research is needed to understand the underlying mechanisms and to develop effective strategies to mitigate the impact of aging on health outcomes.